

The Tracpac self-retracting lanyard is made of a shock absorber and a self-retracting lanyard. It is designed to be used as a connecting device in a personal fall arrest system. The Tracpac self-retracting lanyard connects the user's harness to the anchorage point. Typical applications are: warehouse use, order-picker, manufacturing, scaffolding, construction, elevated platforms and general maintenance, repairs and operations.

The Tracpac self-retracting lanyard allows freedom of movement in elevated areas, and eliminates tripping hazards and dangerous falls normally associated with fixed length lanyards. In case of a slip or a fall, an internal locking system immediately activates to arrest the fall.

The self-retracting lanyard has an aramid webbing wound on a spring-loaded drum. It is supplied with a ¾ in. (20 mm) self-locking snap hook at the shock pack end and 2½ in. (64 mm) self-locking snap hooks at each arm. A fall indicator label is sewn on the shock pack.

The new design includes a new housing made of ABS fiber-reinforced polyamide material making it lightweight, robust and resistant to impact, wear, abrasion and ageing. It also has an improved responsive system that, in an event of a fall, allows the breaking system to function quickly (in less than 10 cm [4 in.] drop), thus reducing the distance of the fall. Additionally, the new design is equipped with a new spring system that improves unwinding without sticking (blocking) points during use.

The purpose of the shock absorber is to lower the impact force experienced in a fall by dissipating the kinetic energy and controlling deceleration. The shock-absorbing device is made of a specially woven webbing that elongates through tearing on its weave and stitching. This action limits the impact force to less than 4 kN (900 lbs.) for an E4 model or 6 kN (1,300 lbs.) for an E6 model.

The dual arm model allows the worker to remain safely connected at all time (100% tie-off) while climbing or on the move.

For further information, refer to the "Use and Maintenance Instructions" for the Tracpac self-retracting lanyard.

### **WARNING**

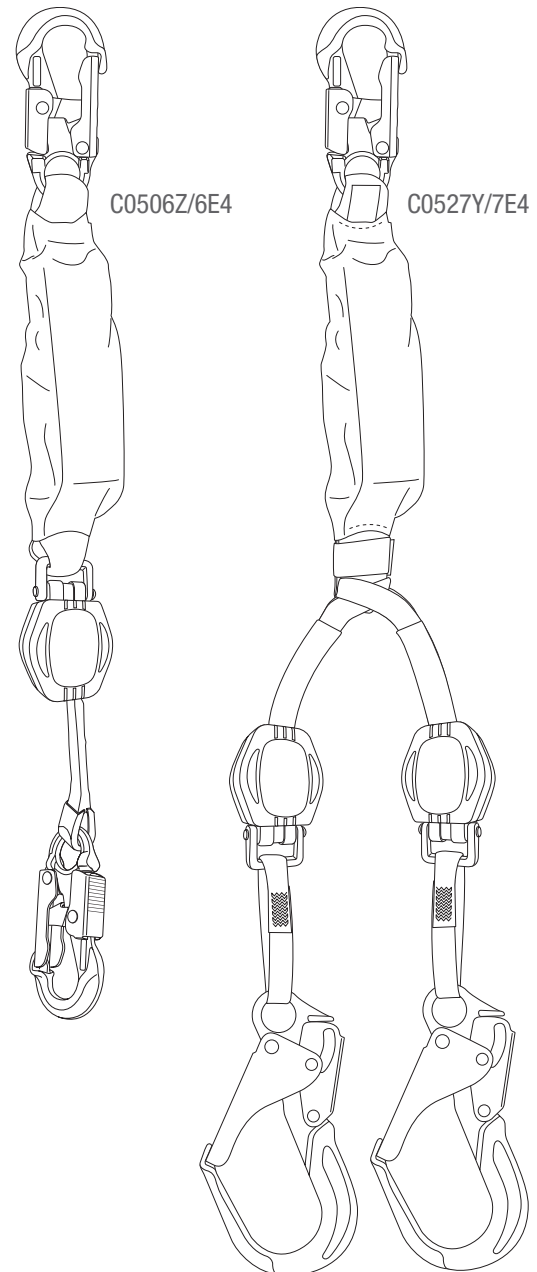
Always select an anchorage point that is capable of upporting a minimum load of 5,000 lbs. (22.2 kN).

### **APPLICATIONS**

- Warehouse use
- Order-picker
- Manufacturing
- Scaffolding
- Construction
- Elevated platforms
- General maintenance
- Repairs and operations

### **APPLICABLE STANDARDS**

- CSA Z259.11-05, class E4 or class E6



**AVAILABLE MODELS THAT MEET CSA Z259.11-05 (2010),  
CLASS E4 WITH A CAPACITY OF 100 TO 254 LBS. (45 TO 115 KG)**

All shock-absorbing lanyards have a ¾ in. (20 mm) self-locking snap hook on shock pack extremity.

- **C0506Z/6E4** 6 ft. (1.8 m) Tracpac self-retracting lanyard with ¾ in. (20 mm) self-locking snap hook all ends
- **C0527Y/7E4** 7 ft. (2.1 m) Tracpac self-retracting lanyard with two arms, ¾ in. (20 mm) self-locking snap hook at shock pack and 2½ in. (64 mm) self-locking snap hook at both ends

**AVAILABLE MODEL THAT MEET CSA Z259.11-05 (2010),  
CLASS E6 WITH A CAPACITY OF 200 TO 386 LBS. (90 TO 175 KG)**

All shock-absorbing lanyards have a ¾ in. (20 mm) self-locking snap hook on shock pack extremity.

- **C0506Z/6E6** 6 ft. (1.8 m) Tracpac self-retracting lanyard with ¾ in. (20 mm) self-locking snap hook all ends
- **C0527Y/7E6** 7 ft. (2.1 m) Tracpac self-retracting lanyard with two arms, ¾ in. (20 mm) self-locking snap hook at shock pack and 2½ in. (64 mm) self-locking snap hook at both ends

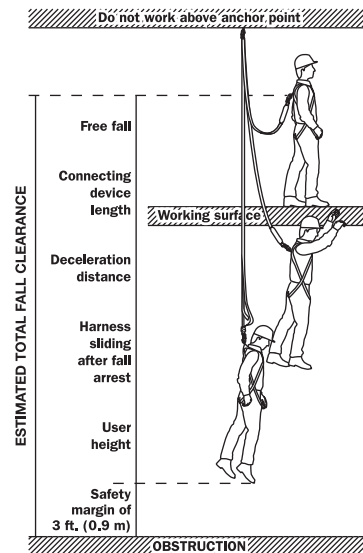
For information on Tractel® connectors, refer to technical sheet T-4536.

**⚠ WARNING**

When choosing an anchorage point, take into consideration the deceleration distance. The shock absorber can elongate up to:

- E4 models: 42 in. (1.1 m) as it extends during activation.
- E6 models: 68 in. (1.75 m) as it extends during activation.

Free fall distance must never be greater than 6 ft. (1.8 m). Consult local regulations as permitted free fall distance may be less than 6 ft. (1.8 m).



<b>PARTS</b>	<b>SPECIFICATIONS</b>
<b>SRL HOUSING</b>	ABS fiber-reinforced polyamide
<b>TEAR WEBBING FOR E4 MODELS</b>	Minimum tearing force: 500 lbs. (2.2 kN) Maximum impact force: 4 kN (900 lbs.) Maximum deployment length: 48 in. (1.2 m)
<b>TEAR WEBBING FOR E6 MODELS</b>	Minimum tearing force: 500 lbs. (2.2 kN) Maximum impact force: 6 kN (1,300 lbs.) Maximum deployment length: 68 in. (1.75 m)
<b>SHOCK ABSORBER WEBBING</b>	High tenacity polyester Width: 1 $\frac{3}{4}$ in. (45 mm) Thickness: $\frac{1}{16}$ in. (1.4 mm) Tensile strength: 5,700 lbs. (25.4 kN) Webbing is heat-cut to prevent fraying.
<b>SHOCK ABSORBER PROTECTIVE COVER</b>	High tenacity polyester Width: 3 $\frac{3}{8}$ in. (85 mm) Tubular construction
<b>LANYARD WEBBING</b>	Aramid Width: $\frac{11}{16}$ in. (17 mm) Thickness: $\frac{1}{16}$ in. (1 mm) Tensile strength: 3,600 lbs. (16 kN)
<b>STITCHING</b>	Lanyard is lock-stitched. Thread: #138 polyester
<b><math>\frac{3}{8}</math> IN. (20 MM) SELF-LOCKING SNAP HOOK (43601 – Z HOOK)</b>	Plating: zinc dichromate Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)
<b>2<math>\frac{1}{2}</math> IN. (64 MM) SELF-LOCKING SNAP HOOK (43618 – Y HOOK)</b>	Polished aluminium Proof-loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22.2 kN) Gate strength: side and face 3,600 lbs. (16 kN)
<b>CAPACITY FOR E4 MODELS</b>	100 to 254 lbs. (45 to 115 kg), one person
<b>CAPACITY FOR E6 MODELS</b>	200 to 386 lbs. (90 to 175 kg), one person

Specifications are subject to change without notice. Images are for illustrative purposes only.